Now in Spanish: 'Patient Navigation' Manual for Latinos


Check out the manual in Spanish or English.

The manual first defines patient navigation. Patient navigators are trained health workers who aim to help “navigate” underserved Latinos through the often-complex healthcare system and remove barriers to timely, quality care.

It then offers a six-step guide to determine whether navigation is right for a health organization, and highlights important considerations for implementing navigation. The manual also features many robust tools, customizable templates, and other resources for starting up navigation.

“We are excited to offer, for free, this guide in both English and Spanish to help healthcare providers and groups integrate patient navigation into their scope of services,” said Redes En Acción Director Dr. Amelie G. Ramirez. “We have found that patient navigation is a valuable strategy to reduce barriers faced by the Latino population, and in turn increase timely delivery of healthcare services.”

Redes En Acción, funded by the National Cancer Institute (NCI), is headquartered at the Institute for Health Promotion Research at The UT Health Science Center at San Antonio, the team behind SaludToday.

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The Institute for Health Promotion Research (IHPR) at The University of Texas Health Science Center at San Antonio investigates the causes and solutions to the unequal impact of cancer and chronic disease among certain populations, including Latinos, in San Antonio, South Texas and the nation. The IHPR, founded in 2006, uses evidence-guided research, training and community outreach to improve the health of those at a disadvantage due to race/ethnicity or social determinants, such as education or income. Visit the IHPR online at http://ihpr.uthscsa.edu or follow its blog at http://www.saludtoday.com/blog.