Diana’s Quesadillas

From the kitchen of Diana West, Eagle Pass
Preparation time: 15 minutes
Number of servings: 10

Ingredients:
20 corn tortillas
8 ounces mozzarella cheese, shredded
4 ounces pimiento
1 green pepper, chopped small
1 large tomato, chopped
1 teaspoon vegetable oil or margarine

Preparation:
1. In a skillet with oil, sauté the onion, pimiento, green pepper, and tomato for 10 minutes.
2. Place onion mixture and cheese on a tortilla. Cover with another tortilla, making a sandwich.
3. Heat quesadilla in a clean skillet over low heat until cheese is melted.

Nutrition information per serving:
FAT: 27% of calories from fat (low)
FIBER: 3 grams (high)
CALORIES: 200

TIP
To reduce fat, use part-skim mozzarella cheese.