Salad Potluck

**Ingredients (Salad):**
- Mixed Greens, Spinach or lettuce
- 1 tsp. Black pepper
- 1 tsp. Ginger
- 1 tsp. nopalitos
- Dried cherries
- Strawberries
- Dried cranberries
- Dried blueberries
- Tomatoes
- Purple onion
- Pineapple as desired
- Cucumber grapes

**Ingredients (Dressing):**
- 3 or 4 cans mandarin orange or oranges
- 1 tsp. black pepper
- 1 tbsp. ginger
- 3 tbsp. agave nectar
- 1 tsp. ground cumin
- ½ cup olive oil
- ½ cup of rice wine vinegar
- 1 sweet pepper
- 1 tbsp. ground turmeric
- 1 tsp. cumin
- 1 tsp. curry
- ¼ tsp. cinnamon

Submitted by Pamela of Hondo, Texas, participant in Rx for Better Breast Health

**Preparation:**
1. For salad, mix the ingredients.
2. For dressing, blend dressing ingredients and chill. Serve on tossed salad.

Everything’s Coming Up Red (Salad)

**Ingredients (Salad):**
- Spinach or kale
- Turnips
- Tomatoes
- Strawberries
- Radishes

**Ingredients (Dressing):**
- Olive oil plus any favorite healthy spices

Submitted by Judy of Cibolo, Texas, Participant in Rx for Better Breast Health

**Preparation:**
1. Toss salad.
2. Add dressing.