



UT Health

San Antonio

Institute for Health
Promotion Research

About the IHPR

The **Institute for Health Promotion Research**, or IHPR, investigates the causes of and solutions to the unequal impact of cancer, chronic disease and obesity among Latinos in San Antonio, South Texas and the nation.

The IHPR, founded in 2006, is based at the University of Texas Health San Antonio.

IHPR: Areas of Expertise

- Latino health disparity research/training
- Health promotion/communication
- Cancer control research from primary prevention to survivorship
- Healthy lifestyle promotion
- Prevention of tobacco use, obesity, diabetes

IHPR: Functions

- Develop, test and implement behavioral health interventions, projects and programs.
- Train and mentor Latino undergrads, grads, fellows and pre/post-doctoral researchers.
- Communicate with research, health, policy, media and public groups via websites, social media, news releases, PSAs, educational materials and scientific articles and reports.



<http://ihpr.uthscsa.edu>

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On social media:
[@SaludToday](#)



IHPR: Funding

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IHPR: Research Projects

- ***Salud America!*** The RWJF Research Network to Prevent Obesity Among Latino Children is a 100,000-advocate network to empower people to start and support healthy changes for Latino children salud.to/saludamerica
- ***Redes En Acción*** The National Latino Cancer Research Network is an NCI network of 1,000 researchers/advocates dedicated to reducing Latino cancer disparities through research, training and awareness redesenaccion.org
- ***Quitxt*** is a free phone service with texts and online support in English or Spanish to help South Texans quit smoking for good quitxt.org or quitxt.org/spanish
- ***Éxito!*** Latino Cancer Research Leadership Training conducts an annual summer institute with internships and ongoing support to encourage Latinos to pursue a doctoral degree and cancer research career exitotraining.org
- **Cancer Research:** CHOICES—Testing Communication Technologies to Accrue Latinas in BC Clinical Trials (Komen); Improving Mind and Physical Activity among BC Survivors (Komen); Rx for Better Breast Health (Komen); Testing PN to Increase Latino Breast/Colon/Prostate Cancer Survivors' QoL (NCI); *Entre Familia*: Educating Hispanic Adolescents and their Families on Cervical Cancer and HPV Vaccination
- **Healthy Lifestyles Research:** *Enlace* for Latinas' Physical Activity (NIH); Health4Kids Intervention Trial (NIH)



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Twitter handle
[@SaludToday](https://twitter.com/SaludToday)
for
#SaludTues
Tweetchats
at 12p CST / 1p EST
every Tuesday to
chat on a Latino
health topic!

Faculty

Amelie G. Ramirez, DrPH, professor/director; Kipling Gallion, MA, assistant professor/deputy director; Patricia Chalela, DrPH, assistant professor; Dorothy Long Parma, MD, research instructor

Staff

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